

HISTORIA DE UN AMOR V



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Music : Wea Latina WL-61905 CD "Mis Boleros Favoritos" Track 5 by : Luis Miguel
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Bolero Phase V + 1 [Rudolph Ronde] + 2 [Alternating Cross Body, Full Moon]
Sequence : Intro - A - B - A - Bmod - Ending **Speed** : 23 MPM [10% Tempo Up]
Timing : SQQ unless noted by side of measure **Difficulty** : Difficult
Footwork : Opposite except where noted **Released** : Mar, 2009
Revised : April 2009 Ver. 2.0

INTRO

1 - 4 WAIT; SHAD FENCE LINE; SHAD SPIRAL WKS;:

- 1 {Wait} Shadow Wall both R ft free wait 1 meas;
- 2 {Shadow Fence Line} [same footwork thru meas 6] Sd R with body rise,-, cross lunge thru L with bent knee look RLOD, bk R;
- 3-4 {Shadow Spiral Walks} Sd L rise,-, release L hnds XRIF flex knee spiral LF 1 full trn, jn L hnds sd L; XRIF rise,-, release L hnds sd L flex knee spiral RF 1 full trn, jn L hnds XRIF;

5 - 8 SHAD FENCE LINE; SHAD SYNC FRONT VINE; CUCA W TRN TRANS; HIP RKS:

- SQ&Q
- 5 {Shadow Fence Line} Repeat meas 2 on opposite foot and direction;
 - 6 {Shadow Syncopated Front Vine} Sd R rise,-, XLIF flex knee/sd R, XLIB;
 - 7 {Cucaracha W Turn Transition} Sd R rise,-, rec L, cl R
(W sd R rise,-, rec L trn 1/2 LF to fc ptr, tch R to L) end Low Bfly Wall;
 - 8 {Hip Rocks} Rk sd L rolling hip CCW (W CW),-, rec R with hip roll CW (W CCW), rec L with hip roll CCW (W CW) jn R-R hnds end Hndshk Wall;

PART A

1 - 4 CONTRA BRK; ALTERNATING X BODY 1 1/2; W 5 STEP TRN TO FC LOD:

- (SQ&Q&)
- 1 {Contra Break} Sd & fwd R rise with right sd stretch,-, slip fwd L flex knee with right shoulder lead to contra check action, rec bk R (W sd & bk L rise with left sd stretch,-, slip bk R flex knee with left shoulder lead to contra check action, rec fwd L);
 - 2 {Alternating Cross Body One & A Half} Sd & bk L rise trn LF,-, bk R flex knee with slip action, fwd L cont trn to fc ptr & COH (W sd & fwd R rise,-, fwd L twd DLC outsd ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr) end Hndshk COH;
 - 3 sd & fwd R rise,-, fwd L twd DLC outsd ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr & Wall (W sd & bk L rise trn LF,-, bk R flex knee with slip action, fwd L cont trn to fc ptr)
 - 4 sd & bk L rise trn LF,-, bk R flex knee with slip action rephase jnd hnds and lead W to spin LF, fwd L cont trn to fc ptr & LOD jn lead hnds (W sd & fwd R rise,-, free spin 1 1/2 LF L/R, L/R) end LOP Fcg LOD;

5 - 8 FWD BRK; R PASS; LUNGE BRK; L PASS;

- 5 {Forward Break} Sd & fwd R rise,-, fwd L flex knee with contra chk like action, bk R;
6 {Right Pass} Cl L rise trn 1/4 RF raise lead hnds to create window,-, bk R flec knee, fwd L
(W Fwd R rise trn 1/4 LF,-, fwd L cont trn under jnd lead hnds to fc ptr, bk R) LOP Fcg Wall;
7 {Lunge Break} Sd & fwd R rise,-, lower on R extend L ft sd & bk lead W to bk, rise on R
lead W to fwd (W sd & bk L rise,-, bk R with contra chk like action, rec fwd L);
8 {Left Pass} Fwd L rise to Scar DRW lead W trn RF to shape body LOD,-, slip bk R flex knee,
fwd L trn LF to fc COH jn R-R hnds (W fwd R trn 1/4 RF back to M,-, sd & fwd L flex knee
strong trn LF, bk R cont trn to fc ptr) end Hndshk COH;

9 - 13 FULL MOON;::::

- {Full Moon [Syncopated Half Moon + Wheel 3 + Half Moon]}
9 Sd R comm trn RF with right sd stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr,
rec bk R trn to fc ptr & COH
(W sd L comm trn LF with left sd stretch,-, cont trn slip fwd R, rec bk L trn to fc ptr);
SQ&Q 10 trn 1/4 LF sd & fwd L with left sd stretch,-, slip bk R/cont trn rec L to fc Wall, sd R
(W trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-,
slip fwd L IF of M trn 1/2 LF/bk R cont trn to fc ptr, sd L) end Hndshk Wall lead ft free;
11 wheel 1/2 LF fwd L,-, R, L (W bk R,-, L, R) end Hndshk COH;
12 repeat meas 9;
13 trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc Wall jn lead hnds
(W trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-, slip fwd L IF
of M trn 1/2 LF, bk R cont trn to fc ptr) end LOP Fcg Wall;

14 - 16 AIDA PREP; AIDA LINE & SWITCH LUNGE; REC TO 1/2 OP & SYNC BL WK;

- 14 {Aida Preparation} Sd R rise to slight LOP “V” shape,-, thru L flex knee comm trn LF, sd R;
SS 15 {Aida Line & Switch Lunge} Trn LF (WRF) bk L rise to slight “V” Bk-To-Bk Pos LOD
lead hnds up and out jnd trail hnds fwd,-, trn RF to fc ptr bring jnd trail hnds thru lunge sd R
lead hnds extended sd,-;
SQ&Q 16 {Recover To Half OP & Syncopated Bolero Walk} Rec L rise to Half OP LOD,-, fwd R/L, R;

PART B

1 - 4 FWD MANUV PVT; SLO RUDOLPH; BK W SWVL DEVELOPE; SLO WRAP;

- 1 {Forward Maneuver Pivot} Fwd L rise,-, fwd R flex knee pivot 1/2 RF blend to CP, bk L pivot
1/2 RF (W fwd R rise,-, fwd L flex knee, fwd R pivot 1/2 RF) end CP LOD;
2 {Slow Rudolph Ronde} Fwd R between W’s feet as if to start pivot RF but stop action by
flexing R knee keep L ft bk with left sd stretch,-, hold, hold (W bk L trn LF to SCP gradually
ronde R CW keep right sd into M,-,-) end SCP LOD lead ft pt bk;
3 {Back W Swivel Develope} Bk L,-, pt R bk, hold (W bk R swivel LF on R,-, bring L ft up to
insd of R knee, extend L ft fwd);
4 {Slow Wrap} Hold raise and lower jnd lead hnds to gradually wrap W,-,-,
(W hook L bhd R,-, comm unwind LF on ball of L and heel of R, cont unwind);

5 - 8 UNWRAP; FWD BRK; X BODY W SYNC ROLL TO OP; OPN FENCE LINE:

- 5 {Unwrap} Complete wrap,-, shift wgt to R flex knee comm unwrap, fwd L trn LF to fc COH (W complete unwind to Wrapped Pos fc LOD shift wgt to R,-, fwd L across M comm trn LF release jnd trail hnds, fwd & sd R cont trn to fc ptr) end LOP Fcg COH;
- 6 {Forward Break} Repeat meas 5 Part A;
- (SQ&Q) 7 {Cross Body W Syncopated Roll To OP} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn lead W to roll LF and release lead hnds, fwd L cont trn to fc Wall jn trail hnds (W sd & fwd R rise,-, fwd L XIF of M comm roll LF/bk R cont trn, fwd L cont trn to fc Wall) end OP Wall;
- 8 {Open Fence Line} In OP sd R rise,-, cross lunge thru L with bent knee look DRW, bk R;

9 - 12 W SYNC ROLL TO LOP; OPN FENCE LINE; W TRN TO FC M TRANS; SYNC TWISTY VINE;

- SS (SQ&Q) 9 {W Syncopated Roll To LOP} Rk sd L,-, rec R jn lead hnds,- (W sd L,-, XRIB comm roll LF/fwd L cont trn, sd & bk R complete 1 full LF revolution) end LOP Wall;
- 10 {Open Fence Line} In LOP repeat meas 8 Part B on opposite ft to opposite direction;
- 11 {W Turn To Face M Transition} Rk sd R,-, rec L blend to Bfly, tch R to L (W sd R trn RF to fc ptr,-, rk sd L, rec R) end Bfly Wall;
- SQ&Q 12 {Syncopated Twisty Vine} Sd R rise,-, XLIB (W XRIF)/sd R, XLIF (W XRIB) jn R-R hnds end Hndshk Wall;

REPEAT PART A

PART B mod

1 - 12 FWD MANUV PVT; SLO RUDOLPH; BK W SWVL DEVELOPE; SLO WRAP; UNWRAP; FWD BRK; X BODY W SYNC ROLL TO OP; OPN FENCE LINE; W SYNC ROLL TO LOP; OPN FENCE LINE; W SYNC ROLL TO TANDEM; SPOT TRN;

- 1-10 Repeat meas 1 thru 10 Part B;,,,,,;
- SS (SQ&Q) 11 {W Syncopated Roll To Tandem} Rk sd R,-, rec L,- (W sd R,-, XLIF comm roll LF/bk R cont trn, fwd L complete 1 full LF revolution) end Tandem Wall;
- 12 {Spot Turn} [same footwork] Sd R rise,-, release hnds XLIF trn 3/4 RF with flex knee, fwd R cont trn to fc Wall blend to Shadow Pos;

END

1 - 4 SHAD HIP RKS; SHAD FENCE LINE; SHAD SPIRAL WKS;:

- 1 {Shadow Hip Rocks} [same footwork thru meas 5] Rk sd L with hip roll CCW,-, rec R with hip roll CW, rec L with hip roll CCW;
- 2 {Shadow Fence Line} Repeat meas 2 Intro;
- 3-4 {Shadow Spiral Walk Twice} Repeat meas 3-4 Intro;;

5 - 8 SHAD FENCE LINE; W SLOWLY X UNWIND TO FC M TRANS; NY; RIFF TRN;

- 5 {Shadow Fence Line} Repeat meas 5 Intro end Shadow Wall both R ft free;
- 6 {W Slowly Cross Unwind To Face M Transition} Sd R rise,-, XLIB, tch R to L (W sd R rise,-, XLIF with adjusting to the music slowly comm unwind RF on heel of L and ball of R, cont unwind to fc ptr shift wgt to R) end Bfly Wall;
- QQQQ 7 {New Yorker} Sd R rise trn RF,-, slip fwd L flex knee to LOP RLOD, bk R trn LF to fc ptr;
- 8 {Riff Turn} Sd L lead W to underarm spin, cl R, sd L lead W to underarm spin, cl R (W sd R underarm spin RF 1 full trn on R, cl L, sd R underarm spin RF 1 full trn on R, cl L);

9 - 10 DBL UNDERARM TRN; SLO R LUNGE:

- 9 {Double Underarm Turn} Sweeping jnd lead hnds CW sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr blend to CP (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr) end CP Wall;
- QQQQ 10 {Slow Right Lunge} Relax L knee move R ft sd & fwd, transfer wgt to R, flex R knee slight body trn LF look at ptr (W look well left), extend;